

HOME EDUCATION SCHEDULE

MIDDLE SCHOOL EDITION

TIME	ACTIVITY	DETAILS
BEFORE 9	GET READY & WAKE UP	EAT BREAKFAST / PICK UP BEDROOM SHOWER & BRUSH TEETH / GET DRESSED START 1 LOAD LAUNDRY
9:00–9:20AM	WALK / EXERCISE	WALK DOG / YOGA WITH MOM & DAD OR BODY WEIGHT EXERCISES
9:40–10:10AM	CLASS 1	
10:10–10:40AM	CLASS 2	
10:40–11:30AM	RELAXED READING	NO ELECTRONICS
11:30AM–12:30PM	LUNCH	MAKE LUNCH / PUT AWAY DIRTY DISHES
12:30–1:00PM	CLASS 3	
1:00–1:30PM	CREATIVE TIME	LISTEN TO MUSIC / DRAW / PLAY WITH SIBLINGS / PRACTICE MUSICAL INSTRUMENT
1:30–2:00PM	CLASS 4	
2:00–2:30PM	CLASS 5	
2:30–3:00PM	EXERCISE	PLAY IN BACKYARD / PRACTICE MUSIC / PLAY POOL / SPORTS / GARDEN
3:00–3:30PM	CLASS 6	
3:30–4:00PM	REVIEW	MEET WITH PARENTS AND REVIEW CLASS ASSIGNMENTS
4:00–5:00PM	TV	FREE TV TIME
5:00–6:00PM	FAMILY TIME	HELP WITH DINNER / PLAY WITH SIBLINGS
6:00–7:00PM	DINNER TIME	HELP CLEAR TABLE
7:00–8:00PM	EARNED VIDEO GAME TIME	IF SCHEDULE IS FOLLOWED, 1 HOUR OF EARNED VIDEO GAMES